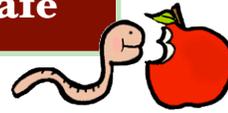


The Compost Cafe

Worm Restaurant



Green Items (Nitrogen-Rich)

Fruit Peels & Cores <i>dine our our exquisite range of local fruit scraps (seasonal)</i>	\$5
Fresh or Cooked Vegetables <i>a delicate medley of vegetarian leftovers</i>	\$6
Green Leaves <i>crisp and crunchy, fresh from the garden (served with a side of soil)</i>	\$6
Egg Shells <i>calcium-rich, free-range crushed egg shells sourced from a local farm</i>	\$7
Grass Clippings <i>for a moisture & nitrogen boost (best served with something carbon-rich)</i>	\$8
Coffee Grounds, filters & Tea Leaves <i>perfect for repelling pests and restoring nitrogen-balance</i>	\$8



Brown Items (Carbon-Rich)

Wood Chips & Sawdust <i>to aide even the toughest of indigestion</i>	\$10
Shredded Yard Waste <i>generous servings recommended for those with large appetites</i>	\$11
Pine & Fir Needles <i>well-known for it's refreshing, sharp flavour</i>	\$11
Straw & Hay <i>dry on the palate, suitable for speeding up compost digestion</i>	\$12
Dry Grass & Dry Leaves <i>essential for balancing out a nitrogen-rich meal</i>	\$13
Nut Shells <i>broken first for your convenience & ease of digestion</i>	\$16
Stale Bread <i>baker's bread aged at least one day for maximum flavour development</i>	\$17
Shredded Cardboard & Paper <i>to create a cozy habitat that reminds you of home!</i>	\$18



Chef's Recommendations

- 2:1 Ratio** *for a healthy compost, the chef recommends you order twice as many greens as browns*
- Moisture** *your compost will remain as damp as a wrung sponge during your dining experience*
- Shade** *for your optimal dining pleasure, this restaurant will be kept in the shade to avoid drying out*
- Oxygen** *to minimize embarrassing odours, your compost will be aerated regularly by our friendly staff*



Compost Cafe Policy

For your dining safety & pleasure, the meals served at the Compost Cafe will never contain:

- Meat, bones & fatty foods
- Diseased plants
- Excessive liquids
- Cans or cartons
- Dairy products
- Weeds

**15% of your worm castings will be automatically added to the cheque for groups larger than 6.*



Today's Specials