

Apples Commonly Grown in Canada:

Use the following information for activities such as, **word finds, class art projects, graphing** of apple variety availability and **taste testing**.

-  **Braeburn:** Medium to large, round to round conic, yellowish to cream, very juicy, crisp, somewhat coarse. Used for fresh eating, desserts and juices. Available at the end of October.
-  **Cortland:** Medium to large, round to round conic, striped or blushed red. Flesh is white, sub-acid and non-browning. Excellent for fresh eating, salads and sauce. Good for pies, baking and freezing. Available early October to May. Great in salads because they stay white longer!
-  **Empire:** Medium to medium small, round to oblong, blushed dark red. Flesh is greenish cream, slightly aromatic and sub-acid. Empire apples, known as excellent fresh eating apples, are available from mid-October to June.
-  **Fuji:** Medium size, round-conic, white, juicy, fine, crisp flesh both sweet and tart. Good for fresh eating and desserts. Availability: early November.
-  **Gala:** Medium size, yellow-red. Flesh is creamy yellow, crisp, mild juicy flavour. Good for fresh eating and salads. Available in September.
-  **Golden Delicious:** Yellow skin; elongated shape, 5 bumps on bottom; yellowish flesh; tart to sweet taste; firm, keeps shape when cooked. Good for fresh eating, pies, baked, sauces. Availability: Oct.-Jan.
-  **Golden Russet:** Medium or small, globular; golden brown, with roughened skin due to russetting. Good for fresh eating, pies, baked, sauces. Availability: Oct. - Jan.
-  **Gravenstein:** Medium to large, round, red blushed with yellow background. Flesh is cream, juicy and tart. Excellent for fresh eating, sauce and freezing. Good for salads and baking. Available mid-September to December.
-  **Greening:** Large, irregular globular; bright green turning yellow. Used for fresh eating and commercial processing (juice, etc). Availability: Nov.-Feb.
-  **Ida Red:** Medium to large, round oblong, blushed red. Flesh is cream, firm and sub-acid after storage. Excellent for pies and baking. Good for fresh eating, salads, sauce and freezing. Available November to July; primarily February to July.
-  **Jerseymac:** Medium to large, red with green patches. Used for fresh eating. Availability: Aug.-Sept.

-  **Lobo:** Large, irregular globular; yellow-green with red stripes. Used for fresh eating. Availability: Sept.-Oct.
-  **McIntosh:** Green skin with a heavy red cheek on one side; white flesh; mildly tart to sweet as ripened; firm. Used for fresh eating, pies, salads, and sauces. Availability: mid-Sept. - April. The perfect apple for a snack!
-  **Melba:** Medium, irregular globular; red streaked with yellow. Used for fresh eating. Availability: Aug.-Sept.
-  **Mutsu (Crispin):** Large, oblong; green to yellowish-green. Suitable for fresh eating, cooking and commercial processing. Availability: Oct.-Mar.
-  **Newtown:** Medium, irregular globular; green tinged with yellow. Suitable for fresh eating, cooking and commercial processing. Availability: Jan.-June. Holds its shape well when poached or baked in a pie!
-  **Northern Spy:** Large, globular; bright red striped blushed with green. Used for fresh eating, cooking and commercial processing. Suitable for fresh eating, cooking and processing. Availability: Dec.-June.
-  **Paulared:** Medium, globular slightly oblong; dark red. Used for fresh eating. Availability: Sept.-Oct.
-  **Red Delicious:** Small to large conic, striped or blushed red. Flesh is greenish cream, juicy and sweet. Red Delicious apples' sweet taste makes them excellent for fresh eating. They are available from mid-October through to August.
-  **Rome Beauty:** Large, round; red striped with pin dots. It has a mild flavour and is good for fresh eating and cooking. Availability: Dec.-Mar.
-  **Scotia:** Medium, irregular; dark red, resembles McIntosh. Used for fresh eating. Availability: Sept.-Oct.
-  **Spartan:** Medium, round, red blushed. Flesh is cream, crisp, lightly aromatic and sub-aid. Spartans are considered good for fresh eating, salads and sauce. They are available from mid-October through to May.
-  **Tydeman's Red:** Large, globular; solid dark red blush over faint stripes. Used for fresh eating and cooking. Availability: Aug.-Sept.
-  **Vista Bella:** Medium, globular; dark red blush. Used for fresh eating. Availability: Aug.
-  **Winesap:** Medium, globular; deep red with yellow splashes and white pin dots. Used for fresh eating, cooking and processing. Availability: Dec.-June.